

Task 8

HANDOUT [A] - MINDS-ON ACTIVITY

1. Draw a house using your left-hand and then your right hand in the boxes below:

Left-Hand Drawing	Right-Hand Drawing

2. With a partner, compare drawings and discuss the following questions:

- Is one of the drawings better than the other? Why?
- Do you have a preference for one hand? Why?
- What would you do to adapt if you couldn't use your dominant hand?

**** Big Idea:** Everyone has preferences when completing a task and learns to adapt when necessary. The same is true when we learn. We call these preferences **Learning Styles**.

HANDOUT [B] - MY LEARNING STYLE

LEARNING STYLES ASSESSMENT

1. Select **Who Am I** from the menu navigation on the left hand side of the screen
2. Complete the **Learning Styles** assessment
3. Click **View Full Report** and answer the following questions

What is your learning style? _____

List four study tips that were recommended to you. Add a star next to the ones you have not tried yet.

_____	_____
_____	_____

Select one of the study tips you have tried, and explain why it was beneficial.

How will knowing your learning style help you academically or personally?

Go to goals and add an academic goal. Include the study tips that you will use (ones you have tried that were successful and ones that you have not tried yet) in the task list