

## Task 9

**HANDOUT [A] - IMPORTANT CHARACTERISTICS ACTIVITY**

1. Select 10 adjectives from the list that best describe you, and list them in order of how well they describe you.
2. Then select 10 adjectives from the list that you think are the most important characteristics to have in a friend. List them in order of importance.

Adjectives		Adjectives that best describes you	Important characteristics
quiet	adventurous		
outgoing	loyal	1.	1.
organized	spontaneous	2.	2.
independent	active	3.	3.
supportive	direct	4.	4.
sociable	energetic	5.	5.
helpful	generous	6.	6.
responsible	open-minded	7.	7.
analytical	optimistic	8.	8.
decisive	strategic	9.	9.
realistic	co-operative	10.	10.
creative	expressive		
logical	assertive		
determined	honesty		
curious	practical		
problem-solver	friendly		
good listener	reliable		

3. With a partner, compare the important characteristics and discuss the following questions:
  - Are your lists similar or different?
  - Which characteristics did you have that were the same? Were they ranked the same?
  - Why might people think that some characteristics are more important than others?

**\*\*Big Idea:** Everyone has unique characteristics and considers various traits to be important. Our unique combination of qualities is called our personality.

# HANDOUT [B] - MY PERSONALITY

## PERSONALITY SURVEY

1. Select **Who Am I** from the menu navigation on the left hand side of your screen
2. Complete the **Personality** assessment
3. Click **View Report** and answer the following questions

What is your personality type? \_\_\_\_\_

Explain your personality type. What are some of the characteristics listed in your report? Do they match the adjectives you used to describe yourself in Handout A?

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What do you think your most valuable personality trait is? Why?

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Why is it important to understand your personality type?

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