



Intro to Volunteerism

CAREER 2201

What is volunteering anyway?

- ▶ Pair up and in five minutes come up with as many different words or phrases as possible to describe volunteering.
 - ▶ Unpaid work
 - ▶ Helping others
 - ▶ Contributing to the community
 - ▶ Responsibility
 - ▶ Socializing and meeting people
 - ▶ Feeling good
 - ▶ Having fun
 - ▶ Being needed
 - ▶ Learning

How do volunteers and voluntary organizations contribute to communities?

- ▶ Bringing people together
- ▶ Creating a sense of belonging
- ▶ Helping people who need help
- ▶ Providing a service or product
- ▶ Cleaning up the community
- ▶ Offering activities, events, entertainment
- ▶ Raising money
- ▶ Attracting tourists
- ▶ Developing skills
- ▶ Preserving heritage
- ▶ Teaching

What's in it for you, the student volunteer? What are the benefits of volunteering?

- ▶ Have fun
- ▶ Meet people
- ▶ Make a difference
- ▶ Feel appreciated / needed
- ▶ Learn new skills, gain knowledge
- ▶ Use your abilities and talents
- ▶ Get work experience
- ▶ Build your resume
- ▶ Get letters of reference
- ▶ Build awareness of community, others
- ▶ Increase chances of acceptance at postsecondary institutions
- ▶ Explore your career
- ▶ Gain recognition and respect
- ▶ Develop self esteem
- ▶ Begin a pattern of community Involvement

True or False?

- ▶ Students who volunteer...
 - ▶ Get better grades
 - ▶ Have lower rates of teenage pregnancy
 - ▶ Continue to volunteer and be involved in their communities
 - ▶ Have lower rates of drug abuse
 - ▶ Have lower rates of criminal activity

- ▶ Why do you think this is?

Reflection: Who has volunteered before?

- ▶ Students talk about their previous experiences.
 - ▶ Positives?
 - ▶ Negatives?